

## TALKING WITH CAREGIVING EXPERTS



What is it like to care for a spouse, sibling, or relative? This panel discussion with caregivers caring for loved ones will be moderated by Roberta Hirshon, MA, LMSW. Ask questions, share thoughts, ideas and challenges with others. Please join us for this important conversation.

Please join us for this 45-minute virtual presentation featuring, **Paul Shifrin**, who cares for his sister and a friend, **Jamilah Berry**, who cares for her mother, and **Ocene Naglik** who cares for her husband.

Register at:  
[jfsann Arbor.org/cares](https://jfsann Arbor.org/cares)